

FOOTBALL COACHING HEALTH & SAFETY CHECKLIST

Children

- Coaches / assistants should all have a copy of a register of participants at training, matches etc. detailing known medical conditions and emergency contact numbers.
- Check at all sessions that shinpads are worn, chewing gum and jewellery are removed and eyeglasses are safe.
- Ensure that children attend wearing the right footwear and suitable clothing, i.e. waterproofs in wet weather, protection against the cold and heat.
- Be sure you brief children before session commences on health and safety procedures and rules.

Venue

- Check the playing area and facilities for actual and potential hazards.
- Check all equipment is appropriate and safe, e.g. goalposts secured.
- Know the location of the nearest telephone or always have access to a mobile phone.
- Be aware of the nearest first aid kit.
- Be sure you know who is an appointed First Aider.